

AFTERCARE

aftercare

VASCULAR LASER

Thank you for coming in to see us! We've loved having you in clinic today.

We want to help you get the most out of your treatment, and achieve the best outcomes possible. For this reason, we recommend that you follow your aftercare instructions carefully, especially regarding the use of any medications or specific wound care in order to minimise any risks and get help you achieve your aesthetic goals.

Following Treatment

- You may feel red and warm in treated areas, but the skin on the area should not be broken.
 - Results may take 4-6 weeks to be visible and more than one treatment is recommended.
 - The treated skin may feel similar to sunburn and will calm down within 1-2 days.
- Treated areas may become red, irritated & inflamed following treatment, this is to be expected.

Post Treatment Instructions

- To prevent swelling, or reduce any swelling if it occurs, you may apply an ice pack to the treated area. The ice should be wrapped in a soft cloth and applied for 10 minutes out of every hour until bed time following your treatment, and as required in the subsequent days.
- Showers are permitted, but heat, hot water, sauna, hot tub may cause inflammation and swelling and is not recommended for 14 days post treatment. Do not rub treated areas with a towel or washcloth.
- Do not tan the area treated. Use a sunscreen with an SPF 50 throughout the course of treatment. It is highly recommended to avoid direct sun exposure on the site until the area is fully healed.
- Avoid swimming/ contact sports while the skin is healing, especially if there is any crusting of the area.

Recommended Skin Care

In order to get the most out of your treatment, specific skin care may be recommended by your practitioner prior to and/ or post treatment.

Our team is also able to recommend products to help address any skin concerns you may have.

Adverse reactions

Some clients will develop a "histamine reaction" following treatment. Skin may become bumpy, red and itchy. If this does occur, take an over-the-counter antihistamine (hay-fever) tablet and if symptoms persist please contact that staff at Begone on (08) 9330 4400 and we will arrange a review consult.

If any other concerns arise please do not hesitate to call.

For most Laser Vascular Removal treatments, between 2-3 treatments spaced 4-6 weeks apart are usually required in order to achieve desired results.

Tel: 08 9330 4400 Email: reception@begone.com.au Website: begone.com.au
