

AFTERCARE

L A S E R H A I R R E M O V A L

Laser hair removal is an effective and low risk way to permanently remove unwanted hair. Our practitioners utilise the GentleMax Pro Laser with personalised parameters for each patient in order to maximise outcomes. Typically 7-10 sessions are required, and treatments spaced between 4-8 weeks apart, dependant on the rate of hair growth. It is important to stick to regular treatments in order to secure the best possible outcome.

What should I do after my treatment?

- Avoid strenuous sports activities, very hot water, saunas and spas for 2 days.
- No deodorant for 24 to 48 hours if underarm was treated.
- Do NOT rub or pick the treated area.
- Do not use any loofahs or abrasive scrubs for at least 5 days.
- You may use Medik8 Ultimate Recovery Cream or aloe vera gel to help soothe any redness or swelling.
- Cold compresses and “over the counter” pain relief (e.g. Panadol) can be taken for minor discomfort during the first few days if required. You should discuss the suitability of pain relief with your practitioner at the time of the treatment.
- You may also notice the smell of burnt hairs during and after your session. This is normal.

After 1 week:

- Wash the area with a loofah or exfoliating scrub to encourage the hairs to fall out.
- Please note: The hairs will begin to fall out but it is expected that they do grow back (can be finer and sparser) until your recommended course of treatments is completed - (2-10 sessions, 4-8 weeks apart).
- Do NOT wax or pluck during treatments, shaving the area can be resumed 3 weeks after treatment (do not shave earlier as the hairs will be falling out).
- Immediately after your treatment there will likely be some slight redness, swelling around the hair follicles and mild discomfort similar to a sunburn.

Continue to use SPF 50+ for the duration of your treatments.

If a crust develops, apply Medik8 Ultimate Recovery Cream twice daily, to keep the area moist until healed.

Contact the clinic on 9330 4400 ASAP if the area shows signs of infection or blistering/burning.

Most patients are able to resume work the same day; showering/bathing (as long as the water temperature is cool or lukewarm) is not restricted.

Any skin irritation will typically resolve over 7-12 days.

If you experience any complications, concerns or delayed healing beyond 14 days, please contact BeGone Skin & Body on 9330 4400.

Tel: 08 9330 4400 Email: reception@begone.com.au Website: begone.com.au
