

AFTERCARE

aftercare

L A S E R R E J U V E N A T I O N

Thank you for coming in to see us! We've loved having you in clinic today. We want to help you get the most out of your treatment, and achieve the best outcomes possible. For this reason, we recommend that you follow your aftercare instructions carefully, especially regarding the use of any medications or specific wound care in order to minimise any risks and get help you achieve your aesthetic goals.

Following Treatment

- You may feel red and warm in treated areas, but the skin on the area should not be broken.
- Results may take 4-6 weeks to be visible and a minimum course of 3 treatments is recommended.
- The skin may feel similar to sunburn and will calm down within 1-2 days.
- Any pigmentation may go darker/change colour after the laser treatment- this is normal.
- Any scabbing/micro-crusting will fall off when it is healed- do NOT pick and allow to fall off naturally.

Post Treatment Instructions

- To prevent swelling, or reduce any swelling if it occurs, you may apply an ice pack to the treated area. The ice should be wrapped in a soft cloth and applied for 10 minutes out of every hour until bed time following your treatment, and as required in the subsequent days.
- Showers are permitted, but for 2 days post treatment prolonged bathing is not advised. Heat, hot water, sauna, hot tub may cause inflammation and swelling. Do not rub treated areas with a towel or washcloth.
- Do not tan the area treated. Use a sunscreen with an SPF 50 throughout the course of treatment. It is highly recommended to avoid direct sun exposure on the site until the area is fully healed.
- Avoid swimming/ contact sports while the skin is healing, especially if there is any crusting of the area.

Recommended Skin Care

In order to get the most out of your treatment, specific skin care may be recommended by your practitioner prior to and/ or post treatment.

Our team is also able to recommend products to help address any skin concerns you may have.

Adverse reactions

Some clients will develop a "histamine reaction" following treatment. Skin may become bumpy, red and itchy. If this does occur, take an over-the-counter antihistamine (hay-fever) tablet and if symptoms persist please contact that staff at Begone on (08) 9330 4400 and we will arrange a review consult.

If any other concerns arise please do not hesitate to call.

For most Laser Rejuvenation treatments, between 2-3 treatments spaced 4-6 weeks apart will be required in order to achieve desired results.

Tel: 08 9330 4400 Email: reception@begone.com.au Website: begone.com.au
