



BEGONE
Skin & Body

AFTERCARE

HIGH ENERGY - NEOGEN EVO

Thank you for coming in to see us! We've loved having you in clinic today. We want to help you get the most out of your treatment, and achieve the best outcomes possible. For this reason, we recommend that you follow your aftercare instructions carefully, especially regarding the use of any medications or specific wound care in order to minimise any risks and get help you achieve your aesthetic goals.

Aftercare Instructions:

- The treated skin will feel tight and hot post treatment. This is normal, especially as any anaesthetic used begins to wear off.
- Your skin will appear pink or red post treatment. This is part of the skin's normal inflammatory response, and it is important to allow this response to occur. Please avoid any anti-inflammatory agents. (Ibuprofen, Aloe Vera, Ice packs or steroids)
- Avoid unintentional touching of the treated areas such as rubbing your eyes.
- Avoid sun exposure post treatment. If sun exposure is inevitable, wear a hat & sunglasses. A zinc-based SPF 30+ may be applied to the treatment area only after the shedding of the skin is complete.
- A non-active ointment such as Vaseline or Aquaphor may be applied over the treatment area to help relieve discomfort during the healing process.
- The skin may darken from the pink/red tone to a "bronzed" like appearance 3 to 5 days after treatment. This is normal with high energy procedures and will peel or flake off on its own.
- DO NOT PICK, SCRATCH OR FORCE THE PEELING TO OCCUR.
- After showering, gently pat treated skin dry with a soft clean cloth.
- As your skin peels or flakes there may be some areas that are lighter or darker. This should even out over time.
- Avoid any active creams, lotions or serums for 2 weeks post treatment or until the skin's regeneration process is complete.
- If you notice any blistering or oozing from the treatment area, contact your Practitioner so we can provide additional aftercare instructions.
- Ensure your pillowcase is changed each night before bed for the first week post treatment.
- Avoid strenuous exercise, swimming, hot tubs and sauna etc during the shedding process and up to 10 -15 days post treatment.

Your review appointment and complimentary Hydrafacial will be booked prior to your leaving the clinic. If you have any queries or concerns, please contact us asap.

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