



BEGONE
Skin & Body

AFTERCARE

LOW ENERGY - NEOGEN EVO

Thank you for coming in to see us! We've loved having you in clinic today. We want to help you get the most out of your treatment, and achieve the best outcomes possible. For this reason, we recommend that you follow your aftercare instructions carefully, especially regarding the use of any medications or specific wound care in order to minimise any risks and get help you achieve your aesthetic goals.

Aftercare Instructions:

- The treated skin may feel tight and warm like a sunburn sensation for several hours after treatment. This is a normal response to treatment.
- Depending on the number of passes there may be a slight pinkish appearance to the treated area.
- Your treated skin is more porous for 24 hours post treatment. Your Practitioner may recommend you apply specific products for this purpose. Please be sure that you do not apply anything that was not recommended by your Practitioner for a minimum of 24 hours post treatment.
- It is important to allow the skin to regenerate naturally. Avoid any active creams, serums or lotions that 'repair' the skin during the regeneration stage - (approximately 1-2 weeks).
- Limit sun exposure post treatment. Ensure that a zinc based SPF30+ lotion and sun protection such as hat and sunglasses are worn outside.
- In many of the Low Energy treatment cases, the 'shed' will be barely noticeable, however this does not mean it isn't happening. Please ensure the treated skin is kept clean and avoid touching the area as much as possible.
- Use a mild cleanser without any actives- such as Cetaphil, QV or Cerave to cleanse your skin.
- Makeup can be worn 24 hours after treatment, though we recommend waiting longer if possible. Ensure make up applicators such as brushes and sponges are clean, and any makeup is removed prior to bed time.
- Activities such as swimming, hot Yoga and strenuous exercise should be avoided in the 48 hours following treatment.

Review:

Low Energy treatments will typically require between 3-5 visits in order to achieve desired results. This will vary dependant on your skin concerns, goals, and how your skin responds to the treatment. We recommend booking your next visit prior to leaving to ensure your treatments fall within the recommended window of 4-6 weeks.

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